

ALTERED STATES

alter your mind...alter your reality



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HEALTH ADVISORY-DRUG WATCH

A form of tatoo called "BLUE STAR" is being sold to school children. It is a small sheet of white paper containing a blue star, the size of a pencil eraser. Each star is soaked with LSD!!!

Each star can be removed and placed in the mouth. THE LSD CAN ALSO BE ABSORBED THROUGH THE SKIN BY HANDLING THE PAPER!!!

There are also brightly colored tabs resembling postage stamps that have pictures of Superman, butterflies, clowns, Mickey Mouse, and other Disney characters on them. These stamps are packed in a red cardboard box wrapped in foil. This is a new way of selling ACID by appealing to young children.

A young child could happen upon these and have a disastrous or even fatal "trip". It also has been learned that little children have been given a free "tatoo" by other children who want to have some "fun" or by others who are trying to obtain new customers.

A red stamp called "RED PYRAMID" is also being distributed along with "MICRO DOT" in various colors and another kind called "WINDOW PANE" which has a grid that can be cut out.

THESE ARE ALL LACED WITH DANGEROUS DRUGS.....Please advise you children, friends, and neighbors about these drugs. If you or your child should see any of the above items...DO NOT HANDLE THEM!!! THESE DRUGS ARE KNOWN TO HAVE A RAPID ACTION AND SOME ARE LACED WITH STRYCHNINE!!!

Symptoms are: hallucinations, severe vomiting, uncontrolled laughter, mood changes, and changes in body temperature. If anyone is exposed to these get them to the hospital as quickly as possible and call the police.

This is very scary information but it is important for everyone to be aware of the dangers of these drugs.

Psychoactive Drugs

Increase CNS
activity

Decrease CNS
activity

STIMULANTS

DEPRESSANTS

Psychoactive Drugs

Increase CNS
activity

Decrease CNS
activity

STIMULANTS

DEPRESSANTS

Psychoactive Drugs

STIMULANTS

CAFFEINE – VERY ADDICTIVE

...but seems to be relatively safe in moderate quantities

http://www.erowid.org/chemicals/caffeine/caffeine_info1.shtml

<http://www.cspinet.org/new/cafchart.htm>

<http://www.thinkgeek.com/product/5a65/>

Works by inhibiting an enzyme inside neurons so they stay stimulated longer

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE – VERY POTENT & ADDICTIVE

...Small Doses can cause erectile probs (anaphrodisiac)

...Larger Doses = nausea, diarrhea, cold sweats ...up to convulsions, resp failure and even DEATH!!!

SMOKING FACTS:

Works by mimicking ACh !

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

...discovered by "accident" in the 1920s
while 2 pharmaceutical companies were
attempting to synthesize the CHINESE
EPHEDRA SHRUB!

COMMON NAMES:

LEGIT USES: Treatment of ADD/ADHD
Diet Aid
Treatment for narcolepsy

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

COST of ABUSE:

"minor" abuse – tolerance inc rapidly

- fatigue
- lack of sleep
- lack of eating

"chronic" abuse – severe wt loss

- tooth decay
- infection, high blood pressure, cardiac damage...

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

ICE

...just run
away, fast.



Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

ECSTASY / X / MOLLIES / MDMA / MDA

“designer drug” in the news ...but first
synthesized in 1912, and later in the 70s
by Alexander Shulgin (UC Berkeley)

In the early 80s, legal to make, buy and sell

Makes you “love” everyone
“cuddle puddle”

Great potential in therapy setting

...but is a SCHEDULE 1 SUBSTANCE!

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

ECSTASY / X / MOLLIES / MDMA / MDA

Works on MANY neurotransmitters and
neurohormones.

Oxytocin (pair bonding)

Released during birth = Uterine
Contractions

Breast feeding

Orgasm

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

ECSTASY / X / MOLLIES / MDMA / MDA

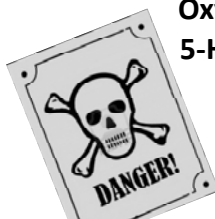
Works on MANY neurotransmitters and neurohormones.

Oxytocin (pair bonding)

5-HT (serotonin)

Serotonin Syndrome

Comparison...real life is never as good as 4hrs on X



Psychoactive Drugs

YOU DON'T ALWAYS KNOW WHAT YOU'RE GETTING!



Drug being sold as "X":

Caffeine

Ketamine

("research chemicals")

2C-E

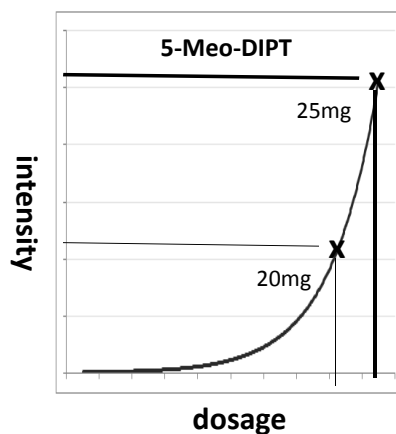
5-MeO-DIPT

TFMPP

Source: ECSTASYDATA.ORG

Psychoactive Drugs

YOU DON'T ALWAYS KNOW WHAT YOU'RE
GETTING!



Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

Work by increasing NE levels.

Psychoactive Drugs

STIMULANTS

CAFFEINE

NICOTINE

AMPHETAMINES

COCAINE

