

Parenting



TOUCH

- Touch
 - *Touch is so very important for a developing baby (and really anyone for that matter)*
 - *Infants who are not touched enough can suffer from a condition known as Failure to Thrive*
 - *Developmentally delayed*
 - *Crawl later, walk later, talk later*
 - *Physiologically delayed*
 - *Smaller in size and ability*
 - *Psychologically affected*

Harlow & Touch



Breast Feeding (Nursing)

- Breast feeding allows ample opportunity for close contact and touch
- **Breast feeding has many advantages for mother and child**
 - Aids in mother-infant bonding (remember oxytocin)
 - 1st milk is COLOSTRUM and is full of antibodies (better than penicillin)
 - Breast milk helps the baby's immune system
 - Nutritionally superior to formula
 - Easier to digest (less incidence of upset tummy and colic)
 - Cheap!!!
 - *(this one is for the dad's)* Poop smells less bad!!!
 - Dirty diapers are full of soft, yellow fecal matter that has almost no odor!
...unless the infant is sick or the mother eats foods with a lot of garlic or other sulfur-containing compounds

So now what???

- Now we're parents, so what do we do?
 - In order to be a good parent, you must:
 - 1- be able to take care of basic needs
 - If you cannot do this due to circumstances, help is available thru this school and other county and state programs
 - 2- try to learn about children and development
 - Read about Piaget and the Stages of Cognitive Development in your textbook
 - 3- know your parenting style (and re-assess over time and experience)
 - See your packet on Parenting Styles while we watch "The Great Santini"

The Great Santini

What is Bull Meechum's
Parenting Style?

